

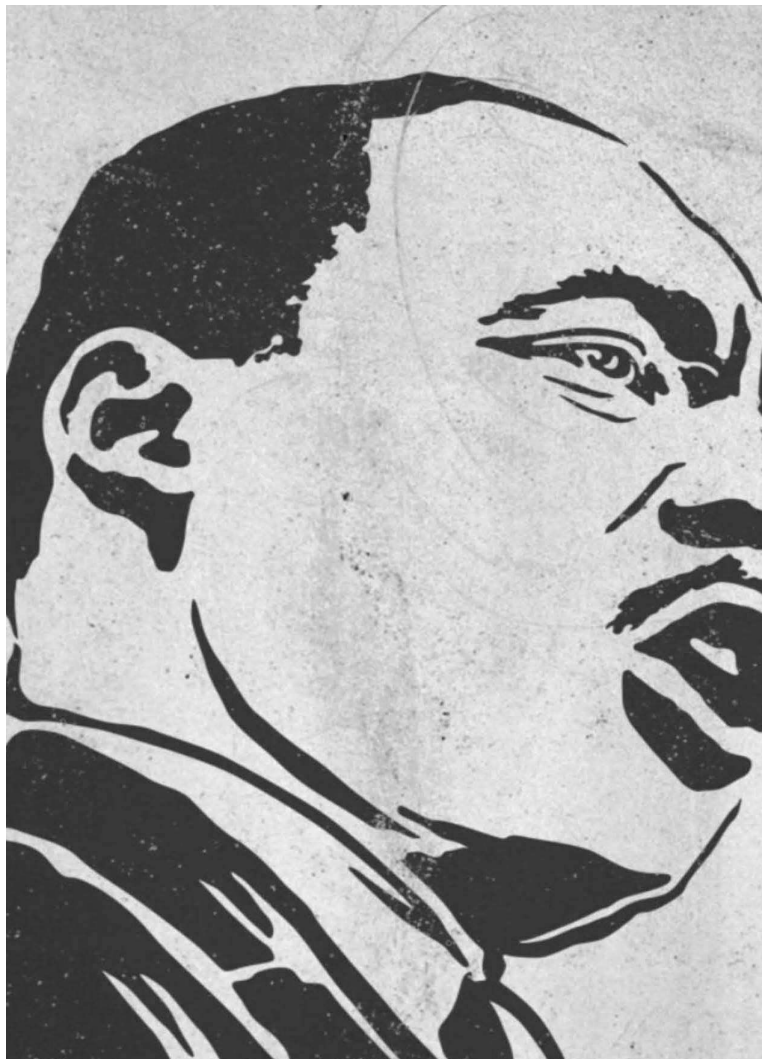


InterCorps Council
of Minnesota
SERVING THOSE WHO SERVE



Dr. Martin Luther King Jr. Weekend of Service

January 15th - 19th 2015



Impact Snapshot

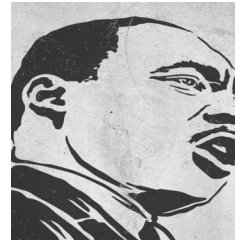
- Over 200 AmeriCorps volunteers
- A collective 749 volunteer hours
- Fifteen participating organizations
- Twenty-one events around the Twin Cities and Greater Minnesota
- Huge gains made in the areas of food access, education and economic opportunity

Life's most persistent and urgent question is,

***"What are you doing
for others?"***



InterCorps Council of Minnesota
Promoting Service, Empowering Communities



InterCorps Council of Minnesota MLK Weekend of Service Events

ARC Value Village

Sorted donations, hung pictures and artwork and put away racks of clothing and boxes of hard goods in the store. Organized hangers and stickered boxes of hard goods merchandise.

People Serving People

Several events involved supervising children from struggling families, leading them in creative activities and assisting with house cleaning and renovation for local families.

Volunteers Enlisted to Assist People (VEAP)

Processed several thousand pounds of food in the VEAP warehouse; sorted through pallets of product for quality control so it could be provided to local families.

Second Harvest Heartland

Sorted or repackaged donated goods or produce to be distributed to food shelves throughout the Twin Cities and Western Wisconsin.

Lyngblomsten Senior Center

Played BINGO with elderly residents of Lyngblomsten Senior Center in St. Paul.

Ronald McDonald House

Assisted with light cleaning around the House, including disinfecting, vacuuming and dusting.

Open Arms Delivery

Delivered meals to Bloomington community members living with terminal illnesses.

Great River Faith in Action

Sanded, painted and sorted through furniture donations. Many donations go in one of 3 stores and the rest go to families in the surrounding communities. All the proceeds from the stores go back into Faith in Action.

Powderhorn Park

Helped run Powderhorn Park's annual MLK Day celebration by leading children's activities, greeting and directing attendees, cleaning and setting up and serving food to community members.

Winona Volunteer Services

Sorted clothing to be sold in the thrift shop. The resulting revenue will fund the local food shelf, meals on wheels, and a summer meal program for students

Bridging

Provided general warehouse assistance, including loading and unloading trucks, sorting through donated goods, rolling linens and restocking shelves.

Loaves and Fishes

Helped prepare and serve meals to community members living with food insecurities in Eagan and Coon Rapids. Volunteers also greeted and assisted attendees at community meals, generated menu ideas and helped take inventory of the kitchen.

Feed My Starving Children

Packaged meals specifically formulated for malnourished children to be shipped to more than 70 countries around the world.

Campus Kitchen Project

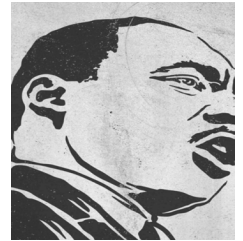
Packaged meals that will later be distributed to community members currently experiencing food disparities in south central Minnesota.

Habitat for Humanity

Several projects around the state involved painting houses, installing trim and caulking and reinforcing the buildings' structure to prepare them for habitation.



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MLK Weekend of Service: Volunteer Breakdown by Service Area

Economic Opportunity

- One Habitat for Humanity group in Columbia Heights worked to prepare a safe and affordable house with handicap accessible equipment for one local family. Their work would have cost \$1500 if contracted and made the house that much more affordable for the family.
- The St. Paul Public Schools VISTA cohort put in a total of 71.5 volunteer hours tearing down and cleaning up a chimney and reinforcing the framing of a house in preparation for a local family.
- Members of the New Sector Alliance program provided a total of 45 hours of labor assistance to Bridging in Roseville.
- A group of Habitat for Humanity volunteers painted the walls and ceilings of a five-bedroom house for a Minneapolis family.
- ARC Value Village volunteers processed \$1,562 worth of products for the organization.

Food Access

- Volunteers at the Campus Kitchen packaged 120 meals for community residents living with food insecurities and rescued 145 lbs. of food from area landfills.

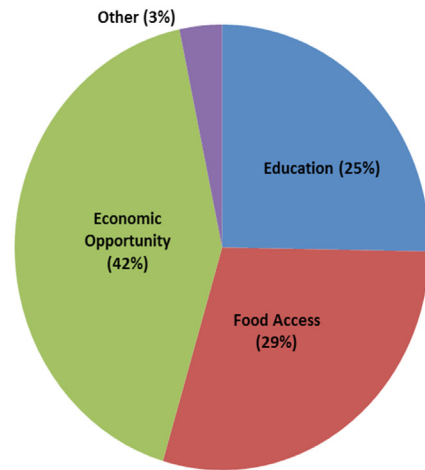
“I am so inspired by the program I volunteered with. The fact that Campus Kitchen uses donated food from community restaurants to distribute it to the community is a beautiful thing!” – Campus Kitchen volunteer

- About 150 families received shopping carts full of food on the day VEAP volunteers sorted and ensured the quality of donated food.
- The AmeriCorps group at Second Harvest Heartland packaged about 1,110 lbs. of food.
- The AmeriCorps group at Feed My Starving Children in Chanhassen worked alongside commu-

nity members to feed 41 children for a year.

- Volunteers spent three hours sorting clothing at Winona Volunteer Services, which will go to fund the local food shelf and community meal programs.
- Open Arms volunteers packaged 250 meals to be delivered to 20 people living with life-changing illnesses.

Volunteer hours by service area



- Loaves and Fishes volunteers in Coon Rapids prepared and served meals to 50 community members (43 adults and 7 children).
- Loaves and Fishes volunteers in Eagan prepared and served meals to 19 community members.

Education

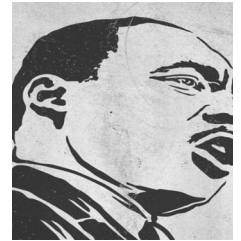
- Volunteers at People Serving People led creative activities and provided several hours of safe space and quality play time for homeless children.
- Great River Faith in Action volunteers sanded and painted 45 items to be sold for \$650 that will go back to the organization, which mobilizes volunteers and empowers and educates its community and clients.
- Volunteers at Powderhorn Park led creative children’s activities and supervised a community meal and celebration of more than 750 attendees in honor of Martin Luther King Jr.’s legacy.

Other

- Volunteers played BINGO and spent quality time with 70 elderly residents of the Lyngblomsten Senior Center in St. Paul.



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MLK Weekend of Service: Our Local Partners and Volunteers

Thank you for allowing us to work with AmeriCorp volunteers. They were wonderful! – *VEAP employee*

It was cool to hear that they chose the AmeriCorps group for the cookies specifically because they knew we had problem solving skills. The cookies were a new process for them. – *Second Harvest Heartland volunteer*

As a result of the reflection at the end of meal packaging, I was pleased that a current student asked questions and showed a genuine interest in national service. The opportunity to interact directly with AmeriCorps members helps our students see opportunities to put their skills and abilities to work for greater good. – *Campus Kitchen, MSU Mankato employee*

As a former AmeriCorps member myself, I know that people come to the volunteer experience and service with a willingness to do something good in their community and make a difference. – *Habitat for Humanity employee*

There were lots of different groups there. It was very cool to see everyone, no matter where they were coming from, working together. – *FMSC volunteer*

Date	Site	Location	# of Volunteers	Total Hours
15-Jan	ARC Value Village	Bloomington	8	16
16-Jan	People Serving People	Minneapolis	4	7
16-Jan	VEAP	Bloomington	14	42
16-Jan	People Serving People	Minneapolis	10	20
16-Jan	People Serving People	Minneapolis	3	3.75
17-Jan	Second Harvest Heartland	Golden Valley	12	30
17-Jan	Lyngblomsten Senior Center	St. Paul	10	25
17-Jan	Ronald McDonald House	Minneapolis	7	15.75
17-Jan	People Serving People	Minneapolis	3	6
19-Jan	Open Arms	Minneapolis	10	25
19-Jan	Great River Faith in Action	Becker	12	72.5
19-Jan	Powderhorn Park	Minneapolis	21	102
19-Jan	Winona Volunteer Services	Winona	6	24
19-Jan	Bridging	Roseville	15	45
19-Jan	Loaves and Fishes	Eagan	19	42.75
19-Jan	Loaves and Fishes	Coon Rapids	7	17.5
19-Jan	Feed My Starving Children	Chanhausen	9	13.5
19-Jan	Campus Kitchen Project	Mankato	4	11
19-Jan	Habitat for Humanity	St. Paul	13	64
19-Jan	Habitat for Humanity	Minneapolis	12	94.5
19-Jan	Habitat for Humanity	Columbia Heights	11	71.5
Total:			Total:	Total:
			210	748.8

Volunteer attendance by AmeriCorps program

